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Mercure Shrewsbury Albrighton Hall Hotel & Spa,
Ellesmere Road, Albrighton, Shrewsbury, SY4 3AG





OUR PHILOSOPHY

At The Orchid Rooms, we are dedicated to putting your wellbeing at the heart of everything we do.

We've created a space to escape the everyday and find a moment of relaxation, helping you to unwind, de-stress and feel totally refreshed.

We do this by infusing quality through every decision we make. Our spa, and team members are all centred around helping you feel like the best possible you.

And we believe our attitude is just as important as our spa, so we treat each member and every guest as individuals. We're passionate about personalising our service at every point, from tailoring our consultations to ensuring that every treatment is unique.



TIME FOR A DAY OF PAMPERING

Here at The Orchid Rooms, we are experts in relaxation and making sure you feel refreshed and de-stressed. A rejuvenating spa package is all about making time, in a place dedicated to you. Why not choose additional treatments with a 15% discount to enhance your day?

All spa packages include full use of spa facilities including fitness suite, fitness classes*, pool, thermal suite* and relaxation lounge.

BESPOKE PACKAGES

For Hen Parties, Pregnancy Packages or to create a day tailored to your wishes please do contact a member of the spa team. Packages can be fully customised, from the quantity of treatments to food and beverage upgrades.

REST

Mon-Thu £30 Fri-Sun £35

Cream tea
Complimentary use of the spa facilities, towel, robe and slipper hire, refreshments on arrival, glass of prosecco, £5 off voucher on products (when spending £20+), 15% off treatments (must be pre-booked)

RELAX

Mon-Thu £71 Fri-Sun £77
Time with therapist: 25 minutes

Take a mini pamper day to relax and refresh your mind and body, whether in the morning or afternoon. Your time will include one treatment from the list below:

Express File and Polish on Hands or Feet, Tranquility Scalp Massage, Perfect Legs, ESPA Back, Neck & Shoulder Massage or ESPA Express Facial (25 minutes)

Half day use of the spa facilities (9am-1pm, 1pm-4pm or 4pm-9.30pm), towel, robe and slipper hire, refreshments on arrival, spa lunch and glass of Prosecco.

RESTORE

Mon-Thu £99 Fri-Sun £112
Time with therapist: 50 minutes

Enjoy quality time with your loved ones during this wonderful spa experience. Relax, rejuvenate and de-stress.

Package includes:

A choice of 2 from the following

Express File and Polish on Hands or Feet, Tranquility Scalp Massage, Perfect Legs, ESPA Back, Neck & Shoulder Massage or ESPA Express Facial (25 minutes)

Full day's use of the spa facilities, towel, robe and slipper hire, refreshments on arrival, spa lunch and glass of Prosecco.

REINVENT

Mon-Thu £116 Fri-Sun £130
Time with therapist: 80 minutes

This luxurious package is perfect if you need to soothe and unwind. Choose your own combination of treatments to rejuvenate the body and uplift your spirit.

Your choice of one of the following 55 minute treatments and one of the following 25 minute treatments

ESPA Optimal Skin Health Facial, ESPA Inner Calm Massage, Manicure or Pedicure (55 minutes)
Express File and Polish on Hands or Feet, Tranquility Scalp Massage, Perfect Legs, ESPA Back, Neck & Shoulder Massage or ESPA Express Facial (25 minutes)

Full day's use of the spa facilities, towel, robe and slipper hire, refreshments on arrival, spa lunch and glass of Prosecco.

TREAT YOUR BODY

At The Orchid Rooms, we believe that everybody deserves to be treated well. We're here to take care of every part of you. Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced and skin's natural beauty is restored.

ESPA BODY WRAP

55 minutes £69

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

ESPA BACK, FACE & SCALP TREATMENT

85 minutes £89

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

ESPA SALT & OIL SCRUB

25 minutes £44

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

HOPI EAR CANDLES

40 minutes £44

A treatment which has proved hugely successful in relieving sinus conditions where other methods have failed. Highly recommended for swimmers, divers, frequent flyers and hay fever sufferers.



TREAT YOUR FACE

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalised, results-focussed facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting – skin looks clear, radiant and inner calm is blissfully restored.

ESPA INNER BEAUTY FACIAL 55 minutes £65

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored. Whether to hydrate, desensitise, brighten or purify, your expert therapist will choose the perfect ESPA skincare products including an intensive booster serum to achieve maximum results.

ESPA OPTIMAL SKIN HEALTH FACIAL 55 minutes £70

Visibly revive skin's natural beauty, balance and health. Achieving instant results with long-lasting benefits, this intelligent facial harnesses nature's most potent actives alongside high performance massage to deeply cleanse, refine and hydrate skin. You emerge with a smooth, profoundly nourished complexion, glowing with natural health.

ESPA EXPRESS FACIAL 25 minutes £44

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

INSPIRATIONS FACIAL 25 minutes £44

When you're short on time but want to bring back an irresistibly healthy complexion, this is the perfect rescue remedy. For rapide results, your therapist uses a combination of massage, essential oils and a gentle polish to smooth and revitalise tired skin, leaving it fresh and radiant.



TIME FOR A MASSAGE

Rediscover inner calm and physical wellbeing. Here, genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscular tensions are released, your soul feels soothed and you emerge energised with renewed focus and lasting positivity.

ESPA INNER CALM MASSAGE 55 minutes £64
85 minutes £84

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

REFLEXOLOGY 55 minutes £64

This holistic treatment uses reflex points mapped out on the feet to facilitate relaxation and balance to the whole body.

TRANQUILITY SCALP MASSAGE 25 minutes £44

Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Pressure point massage includes essential oils to invigorate and calm, leaving a feeling of pure serenity.

ESPA SWEDISH MASSAGE 55 minutes £64
85 minutes £84

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils boosts circulation, alleviates tight, aching muscles and awakens the body from top to toe.

HOT STONE MASSAGE 55 minutes £69
85 minutes £89

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

ESPA MINDFUL MASSAGE 70 minutes £79

Soothe away stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind and restore a positive spirit.

ESPA DEEP MUSCLE MASSAGE 70 minutes £79

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

INSPIRATIONS BACK, NECK & SHOULDER MASSAGE 25 minutes £44

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energises your body and calms your mind.
Includes: *Massage*

INSPIRATIONS CLEANSING & PURIFYING BACK TREATMENT 25 minutes £44

A facial for your back! Following our unique back diagnostic massage to relax and release blocked energy, a skin-brightening exfoliation re-oxygenates skin while targeting spots, blackheads and general congestion. Essential oils and plant extracts help rebalance and control oil and moisture levels. Essential for pre-weddings and holidays, it transforms skin to super-smooth and velvety to touch.



TIME FOR YOUR HANDS AND FEET

Our hands and feet work harder than most other parts of our body. So to help keep them in the best possible condition, we've designed a range of specialist hand and foot treatments that will keep them replenished, refreshed and revived.

FOOT REJUVENATION

55 minutes £45

The ultimate deluxe foot and toe treatment, combining attention to the nail plates and cuticles and a thermal treatment to soften hard skin and hydrate. Finished to perfection with your choice of colour.

TOE TIDY

40 minutes £34

This pedicure uses advanced ingredients to get maximum results. We will tidy your toes, soften your feet and leave them feeling in top condition, not forgetting a polish application.

Add a French polish to any hand or foot treatment 10 minutes £5

EXPRESS FILE & POLISH

15-25 minutes £20

We will file your nails and finish off with a colour of your choice. Choose either your hands or your feet. If you're looking for a little more TLC and re-shaping, we recommend the 40-minute treatments.

Add a French polish to any hand or foot treatment

10 minutes £5

HAND REJUVENATION

55 minutes £45

The ultimate deluxe hand and nail treatment, combining attention to the nail plates and cuticles and a thermal treatment to soften and hydrate the skin. Finished to perfection with your choice of colour.

MANICURE GROOMING

40 minutes £34

If your hands look and feel tired, let our nail specialists help you to achieve the best condition for your nails and cuticles. Complete the treatment with a hydrating arm and hand massage and some polish.

GEL EFFECT

45 minutes £26

Beautiful nails with the strength to maintain them. Using gel, in a colour of your choice, a high-gloss finish will be applied which can last up to 3 weeks.

Removal and hand conditioning

40 minutes £21





TIME FOR MUMS-TO-BE

At The Orchid Rooms, we understand what a special time pregnancy can be. We are also aware of the many effects it can have on your body. To help maintain your natural beauty, our selection of treatments can be specifically tailored to maintain your total peace of mind.

ESPA PRE-NATAL RELAX & RESTORE

(Available from July)

25 minutes £44
55 minutes £64
85 minutes £84

Nurture your changing body and calm your mind with this beautifully comforting treatment. Personalized to your needs and stage of pregnancy, the purest, most gentle formulas smooth and nourish skin while expert massage soothes tight, tender muscles and invokes a state of blissful relaxation.

PERFECT LEGS

25 minutes £44

For a spring in your step, this leg treatment drains, stimulates and revitalizes. An energizing mask immediately kick-starts sluggish circulation. A warming and relaxing essential oil blend, then eases heavy, aching muscles. Ideal pre and post holiday travel, plus in the latter stages of pregnancy when puffy ankles and fluid retention is problematic. Leaves tired legs and feet feeling like they're walking on air.



TIME FOR THE MEN

At The Orchid Rooms, it isn't only women we want to help feel good. We understand that men care as much about their wellbeing and appearance. Our ESPA face and body treatments for men are specifically tailored to your skin type, each one designed specifically to ensure you experience the best physical and therapeutic benefits depending on your needs.

ESPA DEEP

55 minutes £65

CLEANSING FACIAL

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your exact needs, TriActive™ formulas work immediately to purify and reawaken your skin while aromatherapeutic oils relax your mind. Skin looks clear, smooth, energised, while inner calm is restored.

ESPA MUSCLE REVIVER

55 minutes £52

Relax and revive body and mind with this multi-targeted massage. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, face and scalp. Using personally selected essential oils, persistent tension in the back is eased, skin looks re-energised and a positive mind-set is restored.



TIME TO LOOK BEAUTIFUL

Whether it's a special occasion or a regular treat, our team of therapists will ensure you're always looking your very best.

BEAUTIFUL EYES

A 24-hour patch test is required for all Beautiful Eyes treatments.

eyebrow tint £10

eyelash tint £12

eyelash and brow tint £18

eyelash and brow tint with brow shape £26

ALWAYS BRONZED £28

Using the latest and sophisticated spray tan, our therapists will ensure you leave the spa looking bronzed and beautiful.

MyLash Lift £35 (45 minutes)

Discover the exciting MyLash lift treatment, designed to create the illusion of longer, thicker lashes without the need for extensions. This treatment uses a silicone shield whereby the lashes are straightened rather than curled, lifting the natural lashes. This is becoming an increasingly popular treatment, especially for those who don't want to wear false lashes.

WAX SMOOTH

pHd Waxing professional hygienic and disposable method of removing unwanted hair. Using afterwax lotion to optimise healing.

Full Leg and Bikini £38

Full Arm £21

Full Leg £28

Upper Lip £9

Half Leg £18

Chin £9

Underarm £15

Lip and Chin £16

eyebrow £12 (£6 when added to a Facial)

Bikini £18

Forearm £18

FOR HIM

Back and Shoulder £28

Chest £28

It is not recommended to expose the skin to heat or perfumed products following waxing.



TIME FOR AN OVERNIGHT STAY

Here at The Orchid Rooms, we are experts in relaxation and making sure you feel refreshed and de-stressed. A rejuvenating spa package is all about making time, in a place dedicated to you. Our overnight spa packages can help you relax and rejuvenate. Please note that all of our spa packages include use of our spa and leisure facilities.

Shrewsbury Signature Spa Break

Enjoy a blissful spa day with a relaxing overnight stay.

Your package includes:

- Dinner, Bed & Breakfast
- A 25 minute treatment per person
- Cream tea on arrival

DIAMOND PACKAGE

For 2 people Sun-Fri £270 Sat £294

The perfect solution to feeling revived and pampered.

Your package includes:

- Dinner, Bed & Breakfast
- A 55 minute treatment per person
- One course light lunch
- A bottle of wine with your evening meal

Twice as Nice

For 2 people Sun-Fri £138 Sat £198

Enjoy a blissful spa day with a relaxing overnight stay.

Your package includes:

- Bed & Breakfast
- A 25 minute treatment per person
- Glass of fizz

PEARL PACKAGE - 2 NIGHTS

For 2 people Sun-Fri £378 Sat £403

Enjoy a blissful spa day with a relaxing overnight stay.

Your package includes:

- Dinner, Bed & Breakfast for 2 nights
- A 25 minute treatment per person
- Glass of fizz

CHOOSE FROM OUR TREATMENTS BELOW

25 Minute Treatments

- Express File and Polish on Hands or Feet
- Tranquility Scalp Massage
- Perfect Legs
- ESPA Back, Neck & Shoulder Massage
- ESPA Express Facial

55 Minute Treatments

- ESPA Optimal Skin Health Facial
- ESPA Inner Calm Massage
- Manicure
- Pedicure

**T&Cs apply. All packages are based on two people sharing a twin or double room.*



EXPERIENCE WELLNESS EACH MONTH

Join our Orchid Rooms Beauty Club from only £49 per month and receive £70 of treatments plus:

- Complimentary robe bundle per visit
- Complimentary use of leisure facilities on day of treatments
- Complimentary leisure pass for friend when accompanying you
- Up to 20% off additional treatments pre-booked and taken on day of visit for you and your friend
- 10% off all retail purchases in The Orchid Rooms
- 20% off food and drink in the hotel
- 15% off room bookings made at the hotel
- Exclusive access tour VIP offers and packages

GIFT VOUCHERS

The perfect way to show your appreciation with a memorable gift. You can either choose a specific amount, or buy a treatment of your choice. Our vouchers are valid for 6 months, so recipients can book when they're ready and we'll put a pack together with a treatment brochure, gift voucher and personalised letter outlining their gift.

SPA INFORMATION

- Treatments can be booked either by phone or email. To guarantee your desired time and date, please book well in advance. Please ensure you receive a confirmation email if booking via email.
- Please arrive 15 minutes prior to your treatment time to ensure that it begins on time. This will allow you to be fully relaxed and have completed or updated your wellness questionnaire.
- To confirm your treatments, a 50% deposit is required upon booking. In the event that you cancel your treatment within 48 hours, the deposit is non-refundable and non-transferable.
- Full payment is required on bookings made 24 hours prior to the treatment start time. This is not refundable should you cancel your booking.
- In an effort to provide a totally relaxed environment for everyone, we ask that you refrain from using your mobile phone in our spa public areas.
- A swimming costume is obligatory when using our thermal suite.
- Underwear must be worn during treatments.
- Consultation and aftercare advice are included in the treatment time.
- On making your reservation, please advise us if you have any health concerns or if you may be pregnant so that we can guide you towards the best treatments.
- For health and safety reasons, children under the age of 16 are not permitted in the thermal suite. Treatments for children under 16 are restricted and they must be accompanied by an adult. Please ask at reception for more information.
- If you would like us to create a bespoke treatment plan during your stay, private spa consultations are available free of charge by appointment.
- We recommend that you leave all valuables at home. We cannot be responsible for any missing items in the spa. Jewellery needs to be removed prior to treatments commencing.
- All treatments are subject to availability. Please contact the spa directly before making your booking.
- If your spa package includes a meal, please let us know in advance if you have any food allergies.

Please contact The Orchid Rooms on 01939 291233 or spa@mercureshrewsbury.co.uk



