



AFTERNOON

SPA

Mercure Shrewsbury Albrighton Hall Hotel & Spa,
Ellesmere Road, Shrewsbury, Shropshire, SY4 3AG
01939 291000

Mercure
HOTELS

THE HISTORY OF AFTERNOON TEA



Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of 'having that sinking feeling' during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for 'tea and a walk in the fields.' Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

AFTERNOON TEA

A Selection of Traditional Sandwiches

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Warm Scone

Served with clotted cream and strawberry preserve

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A Selection of Cakes

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Accompanied with

A Selection of Teas or Cafetière

£17.95

For dietary information, please speak to a member of staff.

CREAM TEA

Warm Scone

Served with clotted cream and strawberry preserve

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Accompanied with

A Selection of Teas or Cafetière

£6.50

ADD A LITTLE SPARKLE

By the glass (125ml)

Prosecco £7.00

By the bottle

Prosecco £30.00

Taittinger Champagne £60.00

Taittinger Rosé Champagne £70.00

SOFT DRINKS

Coke
£2.15

Diet Coke
£2.00

Lemonade
£2.15

Fanta
£3.00

Appletiser
£3.00

J20
Apple and Mango, Orange and Passionfruit, Apple and
Raspberry
£3.25

Fever Tree
Ginger Ale, Ginger Beer, Elderflower Tonic, Tonic, Light
Tonic,
Lemon Tonic, Mediterranean Tonic, Aromatic Tonic
£2.50

Fruit Juice
Orange, Cranberry, Pineapple, Apple
£2.25