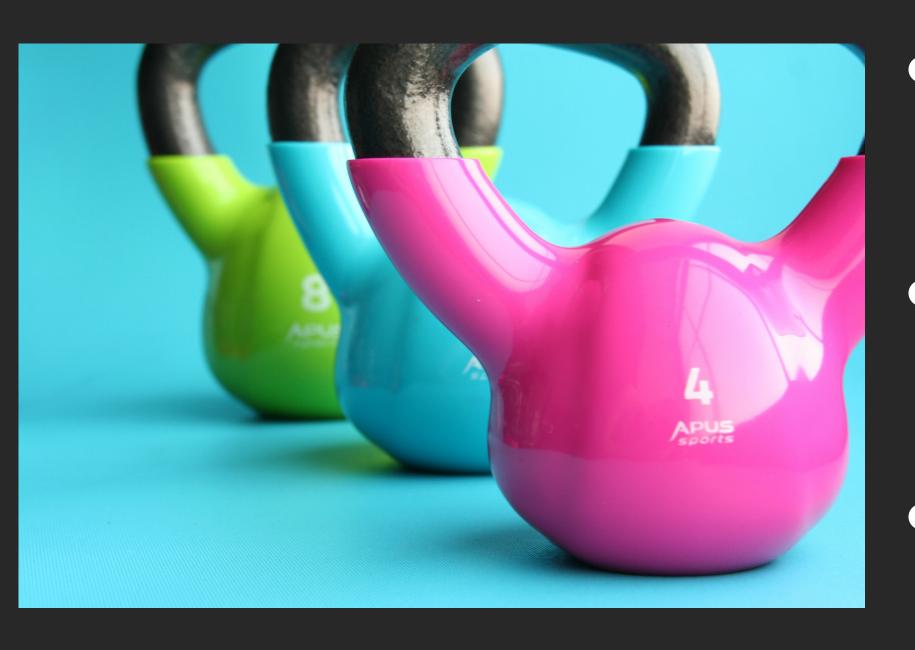
CLASS TIMETABLE



MONDAY- CYCLE FIT 08:30AM (30MINS) STRETCH&TONE 09:30AM (45 MINS)

WEDNESDAY-FULL BODY BLAST 09:30AM (45 MINS)

FRIDAY- CYCLE FIT 08:30AM (30 MINS) STRETCH&TONE 09:30AM (45 MINS)

PLEASE NOTE: THESE CLASSES ARE SUBJECT TO CHANGE.